

## Resource Walk Session

Discussion Points:

- What is a resource? (A 'resource' is anything we can use)
- What is a waste? (A 'waste' is an unused resource)

Have the group take a walk around the area and make a list of all resources that they can find.

(Explain the *Resource Walk*, give directions, and a clear time limit for the group's return)

- Come back as a large group and complete the *Resource Walk Activity Sheet*.
- Discuss some of the resources that were found, what is being used, and what is being wasted.
- Help the group to see how Permaculture tries to use all of our resources to their fullest potential, and how many of these resources are used in many ways to benefit as many other things as possible.