

# The Current Meal

# Poster 3

## *Similar problems worldwide....*

Few nutrients

Monoculture

High risk of crop failure

High risk of food insecurity

Environmental degradation

High input



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# The Better Meal

## *Similar solutions world-wide too!*

Many nutrients

Diverse agriculture

Increased chance of harvests

Increased food security

Healthy environment

Fewer inputs



*Sustainable Nutrition Manual by Stacia Nordin, editing & illustrations by Sarah Beare  
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