

Food for Us

Staples



Fats



Fruits



Vegetables



Animal Foods



Legumes & Nuts



Food for the Soil

Nitrogen-Fixing Legumes



Compost and Mulch



Miners and Diggers



Root crops

Tubers

Deep-rooted Plants

Insects and animals



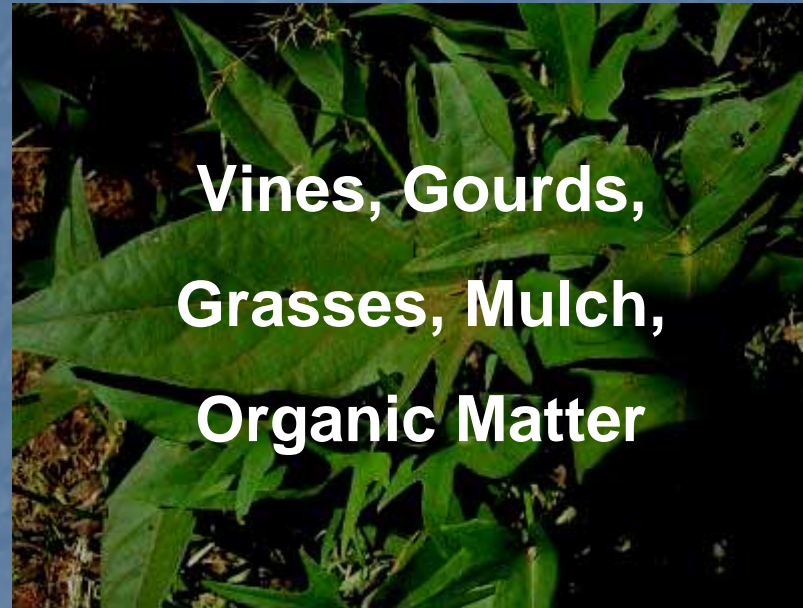
Climbers and Supporters



**Different Food
Groups
supported on:
Trees,
Houses,
Fences,
Trellises etc.**



Ground Cover



Protectors



Strong smelling plants, beneficial creatures, thorns, etc.



Integrated Systems



Fish ponds,
water features,
water harvesting,
animals, etc.



The next set of slides show
examples of Permaculture in
Practice in different settings....

The Difference Two Months can make!

Before:

After:





(1) 2005 July, before design



(2) 2005 Aug, 2 weeks

The Difference that 7 Months can make!

Village Headman Katongomala

Mr. James Chirwa, Nkhata Bay, Malawi

1) Before: Wife sweeping 1 hour+ each day

2) Month 1: Reduced sweeping, paths designed

Month 2: no picture, already eating vegetables from plots, beans coming

3) Month 7: Area flourishing with foods



(3) 2006 Feb, 7 months