Cycle of Better Living

...to reduce disease...

...improved individual and community health. Improved health allows us....

...protection and filters our drinking water. Clean water, nutritious soil, healthy food, and stronger immune systems give us....

...trees, plants or any living organism that returns something to the nature cycle. This not only improves the soil but also...

...diverse organic matter. Organic matter comes from...

...boost the immune system through (among other things)....

...improving people's nutrition. Better nutrition comes from...

...eating a variety of healthy foods. Healthy food comes from...

...growing a variety of plants in nutritious soil. Nutritious soil comes from...